

Dear Energy Bus Leaders,

I wanted to take a moment and welcome you and your school families on The Energy Bus for Schools Leadership Journey for the 2018-2019 school year. Prepare to transform your school teams by first taking a good look at your leadership and how it impacts others and then influencing others to become the Drivers.

On the Energy Bus, we believe that every person in your school is a leader, including our young students as early as kindergarten. Because we teach our students the importance of taking 100% responsibility for our thoughts, our actions, and our results. This does not mean that we "blame" ourselves as that would result in feeling of guilt or victimization. Instead we are empowered to change the course of our life by realizing that we are in control- we are the drivers of our bus.

Remember - each principle will be reviewed for one month (4 weeks). This will provide students time to practice, adjust, and really dive into the meaning of each principle prior to moving on to the next. We would suggest you reinforce the behaviors you want to see by recognizing students and adults who are successfully modeling these principles and consulting and coaching others that are not.

As our teachers and staff embrace Principle #1: You're the Driver, we want to reinforce the opportunity to take responsibility for their actions as well as the opportunity to **Pause, Think, and Act** to situations that are beyond our control. We have included a PTA (Pause, Think, Act) chart that you can review with students as they confront situations and consider responsible choices.

Please review PTA model with students focusing on the actions that take place in each phase of the model. Then model for students a situation in which you have effectively solved a problem, working your way through the PTA model.

Remember- You're the Driver is one's ability to take responsibility for their outcomes, decisions, and learning. The goal is that students take personal responsibility and are not blaming or complaining about others or circumstances for their situations. We are empowering students to have the courage to take responsible actions!

Sending positive energy your way for a wonderful week!

Niki